

Course Outline for: PSYC 1109 Child and Adolescent Psychology**A. Course Description**

1. Number of credits: 3
2. Lecture hours per week: 3
3. Prerequisites: None
4. Corequisites: None
5. MnTC Goals: Goal 5 – History and the Social and Behavioral Sciences

This course focuses on the physical, cognitive, and psychosocial areas of development from conception through adolescence. Relevant theories, research, methods and issues are addressed. An interactionist approach regarding the influence of both heredity and environment is emphasized.

B. Date last reviewed/updated: January 2022**C. Outline of Major Content Areas**

1. Research Methods
2. Theories of Development
3. Influences of heredity and environment
4. Prenatal development and birth
5. Infancy: Physical, Cognitive, and Psychosocial Development
6. Early Childhood: Physical, Cognitive, and Psychosocial Development
7. Middle Childhood: Physical, Cognitive, and Psychosocial Development
8. Adolescence: Physical, Cognitive, and Psychosocial Development
9. Current topics in child and adolescent development

D. Course Learning Outcomes

Upon successful completion of the course, the student will be able to:

1. Describe the various stages of physical, cognitive, and social development in children. (Goal 5c)
2. Demonstrate skills in thinking critically about the practical implications of research and theory in teaching and raising children. (2d, 5a)
3. Identify the biological and contextual influences on children's development, and discuss the impact of the interaction of these forces. (2c; 5c, d)

4. Identify ways of promoting optimal growth and development in children. (2a, 5c)

E. Methods for Assessing Student Learning

Possible methods of evaluation include: unit exams, midterms, and/or a comprehensive final in a style the instructor deems appropriate, as well as class assignments and projects.

F. Special Information

None